

relaxing retreats

Escape to one of Ohio's destination spas,
where rejuvenation, exhilaration
& revitalization await you



When you need to escape from it all and relax, Ohio has just the place for you. From down-home hospitality and quiet country retreats to luxurious locations and scenic getaways, Ohio has a destination spa sure to please.

Lavish Locales

Step into serenity at the **Marengo Institute Day Spa** (310 S. High St., Columbus, 614-785-1666, www.marengo-spa.com). Located in the historic 108-year-old Westin Hotel, the Marengo Institute will impress you with exhilarating massage services, top-notch body treatments, soothing skin care and more. Follow the breathtaking *Gone with the Wind*-style grand staircase to the spa's treatment and relaxation rooms, where you can soak in a eucalyptus steam bath or hydrotherapy tub.

If you yearn for the ultimate spa retreat, then the "I Deserve the Decadence" package will lavish you with all the spa services you want from 10 a.m. to 6 p.m., complete with breakfast and lunch. A variety of spa packages are available and many include accommodations at the Westin where you can enjoy the "Heavenly Bed" and Queen Anne-style furnishings.



The Marengo Institute Day Spa, located in the grandeur of the Westin Hotel, Columbus.

Be sure to stop by the Westin's newly renovated Thurber Library Bar featuring two plasma screen televisions, original Thurber prints and the brand new Café Express, which serves Starbucks cappuccino and coffee drinks.

While You're There

Catch a Broadway show. **Broadway In Columbus'** (614-224-7654, www.broadwaycrossamerica.com) exciting 2005 season includes *Movin' Out*, *Peter Pan*, *Riverdance*, *STOMP* and *The Phantom of the Opera*. Head over to the **Short North District** (614-228-8050, www.shortnorth.org) and encounter the Columbus art scene first hand at one of a dozen art galleries.

Retreat-seekers enjoy cozy accommodations and may pick from a variety of rejuvenating spa services at **Mario's International Spa and Hotel** (35 E. Garfield Rd., Aurora, 330-562-9171) or **Mario's International Spa Sanctuary and MedSpa** (35A North Chillicothe Rd., Aurora, 330-562-5141, www.marios-spa.com).

The Spa Hotel offers body treatments, marvelous massages, scrubs, skin care treatments, foot therapies, hair services and much more. Spa packages are available. The "Spa Scape," includes an overnight stay, breakfast, a three-course dinner, choice of sauna, steam bath or whirlpool, and an epilogic facial or tonic body massage. All of the hotel's 14 delightful rooms feature in-room whirlpool baths and are the perfect accompaniment to any spa encounter. Have an elegant dining experience followed by the use of a limousine service to hit the town in style.

If you desire more of a therapeutic or intimate spa experience, visit the Spa Sanctuary located across the street from the



A rejuvenating experience awaits at Mario's International Spa, Aurora.

hotel. The Sanctuary provides side-by-side couples massages, yoga and a combination of holistic treatments to relax the body, mind and spirit.

While You're There

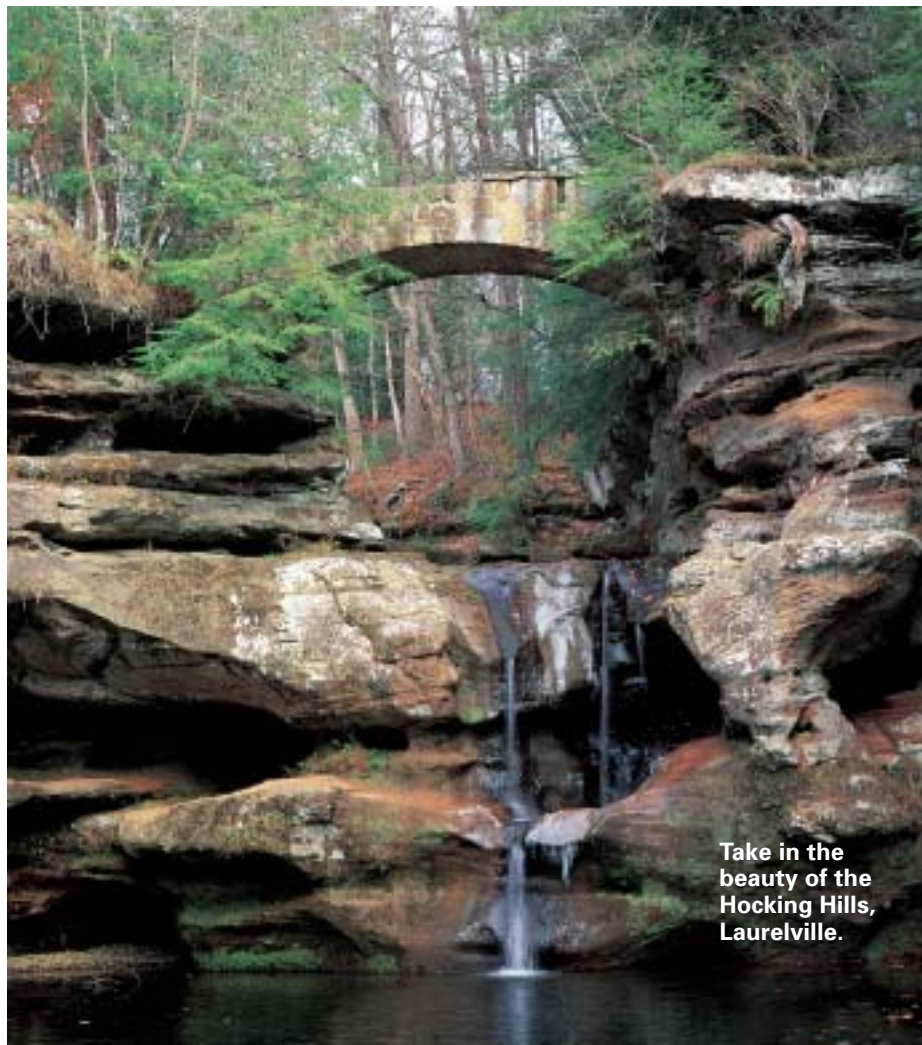
If shopping relaxes you, visit **Aurora Farms Premium Outlets** (549 S. Chillicothe Rd., Aurora, 330-562-

2000, www.premiumoutlets.com). You'll find more than 70 outlet shops including Tommy Hilfiger, Ann Taylor, Coach and more at the village-like outlet mall. In Hudson check out the new shopping district **First & Main**. During the winter months, spend a day skiing at **Boston Mills** or **Brandywine** (Peninsula, 800-475-4241, www.bmbw.com) before indulging in a muscle-relaxing massage.

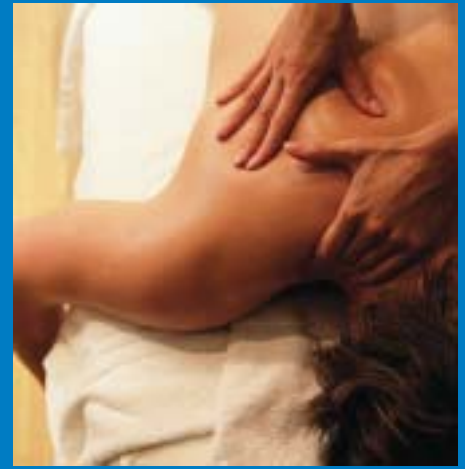
Secluded Spas

Situated in the serene Hocking Hills region, **White Oak Cabins** (25249 Chapel Ridge Rd., South Bloomingville, 877-596-8731, www.whiteoakent.com) boasts an inviting assortment of soothing spa treatments to accompany your relaxing cabin getaway. The White Oak Wellness Center provides a number of tension-relieving services including massage therapy, refreshing reflexology foot treatments, soothing mud wraps and facials. Experience the heavenly services from the privacy of your own cabin. Try the "Quick Fix," which includes two, half-hour massages, or "The Great Escape," offering two salt glows, two body wraps of your choice and two, one-hour massages.

The Acorn Cottage, nestled among more than 50 acres of secluded woodlands, is one of four cozy White Oak cabins, perfect for a romantic spa getaway. Relax during a royal foot treatment on the cottage's porch and soak in the hot tub when you're finished. Retreat to the master bedroom, open the French doors and enjoy the breathtaking view of a nearby wooded ravine. Other amenities include a personal shopping service that will take care of all of your shopping needs, and a traveling chef who



Take in the beauty of the Hocking Hills, Laurelville.



will prepare a mouthwatering meal for two at your cabin.

While You're There

Explore nature with an outing to the **Hocking Hills** where you will find **Old Man's Cave**, stunning **Cedar Falls** and the legendary **Rock House**, rumored to have been a hideout for bandits. (St. Rte. 56,

Laurelville, 800-462-5464, www.1800hocking.com).

Country Club Retreat

Escape to the **Spa at Glenmoor** (4191 Glenmoor Rd., Canton, 330-966-3524, www.glenmoorcc.com) for a luxurious country club retreat. This 1930-vintage

Gothic-style building, originally a seminary high school for boys, resembles an upland Scottish castle set on rolling green hills. The private Glenmoor Country Club offers a wide range of ultimate spa remedies that are sure to spoil your senses. Experience the European touch of the Glenmoor Spa signature facial or escape to the sea with an Ocean Essence body



mask, which will exfoliate your skin and envelop your body with a warm aromatic gel while your head, neck, face, shoulders and feet are massaged. Other services available at the serene spa include the Tighten and Tone Body Wrap, Seascape Pedicure, Swedish Massage and Citra Manicure.

Delightful getaway packages are available and offer a variety of enticing services to suit your relaxation needs, while staying in one of Glenmoor's elegant rooms. The "Golf Relax" package includes accommodations, two 55-minute massages and 18 holes of golf at the 7,018-yard, 72-championship Jack Nicklaus Signature Golf Course, which is available exclusively for Glenmoor members and overnight guests. Other amenities include limo/van transportation services, an indoor/outdoor pool and an onsite health and fitness center.

While You're There

Visit the homeplace of our 25th president and see Civil War and Spanish-American War artifacts at the **William McKinley Presidential Library and Mu-**

seum (800 McKinley Monument Dr., Canton, 330-455-7043, www.mckinley-museum.org).

Homey Hospitality

If you're looking to escape from the roar of the city, whisk yourself away to **Whispering Pines Bed & Breakfast** (St. Rte. 542, Dellroy/Atwood Lake, 1-866-452-5388, www.atwoodlake.com), where the only noise you'll hear is the sound of soaring seagulls, a trickling lake and a sigh of relief after a mesmerizing massage. Stroll down to the Atwood Lake shore, or enjoy a delicious breakfast on the Inn's large screened porch before beginning a day filled with tantalizing treatments.

Massages are conducted in the privacy of your room, and packages are available. The "Deluxe Massage Package" delivers a one-hour full-body massage for two, a gift set including two plush Whispering Pines terry-velour robes, the 3rd edition of the Inn cookbook and a set of Whispering Pines coffee mugs filled with Swedish-made Arbonne products. Each of the



Beautiful scenery surrounds Whispering Pines Bed & Breakfast, Atwood Lake.

Inn's nine classic rooms has a private bath with a two-person whirlpool tub and afternoon refreshments. Several rooms feature lake views. Unwind on the lake aboard the Inn's 28-foot pontoon boat.

While You're There

Shop for rare antiques and collectibles at the **Riverfront Antique Mall** (1203 Front Ave., New Philadelphia, 800-926-9806, www.riverfrontantiquemalls.com).

If your idea of relaxation includes fresh air, a warm welcome and an enchanting therapeutic massage, the **Great Stone Castle Bed and Breakfast, Lodge & Spa** (429 N. Ohio Ave., Sidney, 937-498-4728, www.greatstonecastle.com) is the perfect destination for your serene spa vacation.

Experience the finest treatments including beauty services, body treatments, massages, mineral baths and more. Create your own spa combination or choose from one of the special packages. The "Soothing Dream" package will reinvigorate you with a mineral bath, European stone massage, four-layer facial, make-up session and gourmet snack. The "Lover's Retreat" is the perfect package for a romantic getaway and features a mineral bath for two, one-and-a-half hour body treatment for him, one-and-a-half hour body treatment or four-layer facial for her and refreshments for two. Continue your relaxing reprieve in one of the century-old, Victorian mansion's guest rooms, or settle into the woods at the private lodge, where you can relax with a massage by the lake during the warm months and by the lodge's charming fireplace during the winter.

While You're There

Before returning to the lodge for a relaxing massage, stroll through Sidney's **Tawawa Civic Park** (866-892-9122, www.visitsidneyshelby.com) where you can hike, or just enjoy a light picnic. Bring the camera and snap a picture of one of the most photographed covered bridges located right in the park. •



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